

GOALS FOR EVENT:

- Increase recognition of the signs of anxiety, depression and suicide risk
- Identify helpful ways for the church to address these issues with members and the community
- Identify resources available in the community to help individuals and families dealing with anxiety, depression and suicide risk

REGISTRATION:

No cost.

Each participant will fill out registration information.

WAYS TO REGISTER:

- Go to Website (and register electronically)
<http://anderson.umcsc.org/ending-the-silence-registration/>
- Fill out paper copy from this brochure and send to
P.O. Box 1057 / Anderson, SC 29622
Attn. Cathy
- Email Registration info and worksheet to cljoens@umcsc.org
subject line: MHC

Name _____
Church _____
District _____
Email/Phone _____

Choose 2 Workshops



****MUST CHOOSE (2) TO COMPLETE REGISTRATION**

- Anxiety, Depression and Suicide prevention in children and adolescents.
- Anxiety, depression and Suicide prevention in adults
- Overview of Mental Health First Aid training
- Tools for suicide prevention and recovery for those impacted.



LET'S TALK END THE SILENCE

Mental Health Conference

February 22, 2020

**8-9 am Registration/ Exhibits
9 am-12:30 pm Conference**

**Bethesda UMC
516 Piedmont Rd Easley, SC**

Anxiety, depression and suicide prevention in children and adolescents:

Carly Patterson M.Ed., LPC

Ms. Patterson began work at Anderson-Oconee-Pickens Mental Health Center in 1998 as a Child & Adolescent therapist and became a Licensed Professional Counselor in 2002. Her service to Anderson-Oconee-Pickens Mental Health Center has evolved to become the Coordinator of Child & Adolescent Services in 2013 and a member of the South Carolina Department of Mental Health Zero Suicide Task Force in 2017.

Anxiety, depression and suicide prevention in adults

Tony Johnson, Regional Executive Director, Mental Health America

Mr. Johnson graduated from Clemson in 1999 with degree in Political Science. He has worked for Mental Health America for 14 years. Within that time, he has conducted Question, Persuade, Refer (QPR) seminars to help individuals identify the signs and symptoms of someone considering suicide. He has also been trained in Youth Mental Health First Aid and has been conducting these seminars for the last five years.

Overview of Mental Health First Aid training

Rev. Kurt Stutler, Pastor and Director

at the South Main Chapel & Mercy Center in Anderson

South Main Chapel and Mercy Center is a new church start in the South Carolina Conference that has a focused ministry with those who struggle with homelessness, poverty, mental illness, and addiction issues. Rev. Stutler has been an ordained pastor for 32 years serving churches in Indiana, Kentucky, and South Carolina. He also has worked as a hospital chaplain, mental health counselor, and community organizer. He is a certified trainer in Mental Health First Aid.

Tools for suicide prevention and recovery for those impacted

Phil Manley, M. Ed., SC Department of Mental Health

Mr. Manley will be reviewing two programs available at no charge through SCDMH. "Safe Talk" teaches how to talk about suicide prevention to persons in crisis. "Connect" is a program that focuses on how to support family and friends of those who have died by suicide.

CONFERENCE SCHEDULE:

8:00-9:00	Registration and exhibits of community resources
9:00-9:20	Opening plenary. Welcome by Rev. Dan Batson (Bethesda) message by Rev. Steve Patterson (Anderson District Superintendent)
9:30-10:30	First Break-out Session
10:30-10:45	Break (refreshments and visit exhibitors)
10:45-11:45	Second Break-out Session
11:45-12:00	Break (refreshments and exhibitors, move to closing plenary)
12:00-12:30	Closing plenary: "The Power of Word." Ken Dority, Executive Director, NAMI Greenville and Peggy Dulaney, MSN, RN Faith Community Nurse

PLENARY SPEAKERS:

Rev. Steve Patterson is District Superintendent for the Anderson District UMC.

Ken Dority is the Executive Director, National Alliance on Mental Illness, Greenville (NAMI Greenville). He is a native South Carolinian, born and raised in Darlington. He attended Clemson University and Francis Marion College completing degrees in Industrial Engineering and Business Administration. In 2013, Ken joined NAMI as the Executive Director of the Greenville affiliate.

Peggy Dulaney received a Bachelor of Science and a Master of Science in Nursing from Duke University and has practiced as a Mental Health Clinical Nurse Specialist, educator and consultant. She leads the health ministry at Bethesda UMC.